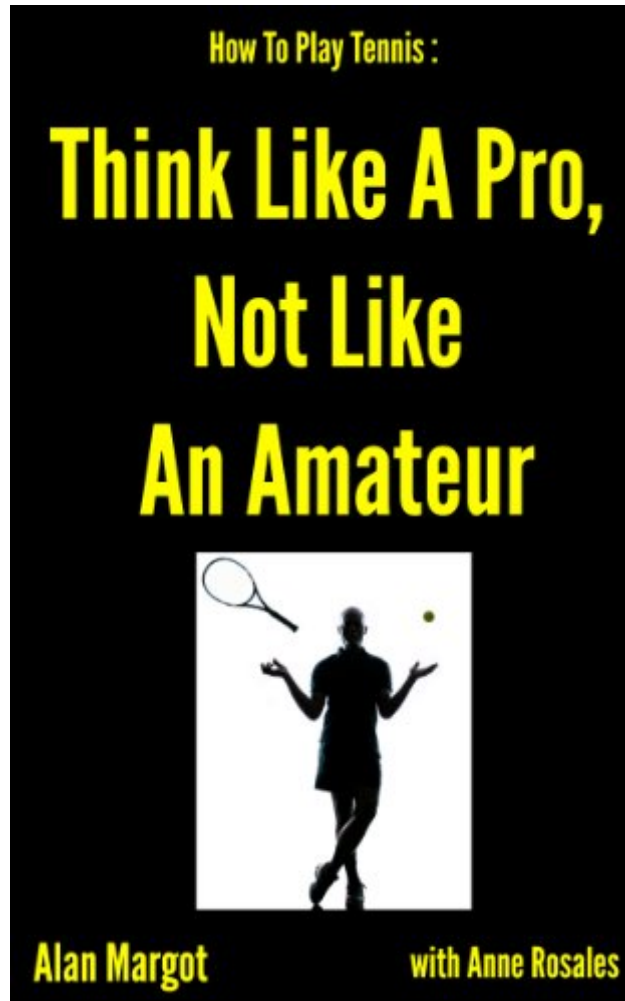


The book was found

How To Play Tennis: Think Like A Pro, Not Like An Amateur



Synopsis

If you could perceive the game of tennis as a pro does, would you do it? Would you be willing to change your mental paradigm about tennis â “ to play at your current level, but perceive it at a higher level? Iâ™ve written this book to share my insights with you. Itâ™s not meant to replace on-court instruction that will improve your strokes, footwork, etc. It goes beyond the mechanics. This book wonâ™t help you tune up your volleys and groundstrokes, but itâ™ll help you see when a particular shot will be your âœweapon of choice.â • Even more important, the concepts in this book will enhance your awareness so you play your best tennis, and enjoy the sport the way youâ™ve always wanted to. Let's get started!

Book Information

File Size: 299 KB

Print Length: 34 pages

Simultaneous Device Usage: Unlimited

Publisher: Alan Margot; 1 edition (December 27, 2012)

Publication Date: December 27, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B00ATXFTC2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #381,423 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #64

inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Racket Sports > Tennis #173 inÂ Books > Sports & Outdoors > Individual Sports > Tennis #211 inÂ Books > Sports & Outdoors > Racket Sports

Customer Reviews

Finally. Amid my desire to hurry up and get better, to learn more shots and techniques, here comes Alan to put my head in a better place. It's strategy too, and Alan covers that. But to implement anything--a play or particular shot--you have to read and react. Alan shows us how to approach that aspect of the game. Relax. Believe. Have fun. Own it. Important techniques are covered to help you

begin to appreciate and enjoy all the aspects of tennis.

I wanted more (thus only 4 stars) but what I received was all five stars. Boils game play down to focal points key to staying "in the moment" wanted a book summary page that could be printed out on a reminder card, to help get these kernels incorporated into my automatic play.

No big surprises, but some helpful things to keep in mind when playing tennis. The idea that tennis is really played in the interval between ball being hit is especially helpful for my game (when I can remember to focus on what is happening on the other side of the net instead of my side).

I'm a 58 year old USTA 4.0 who is looking to take my game to the next level. This book helps one look at the game from a different perspective. Follow the precepts and it can take "score pressure" off of you and help you play closer to your best tennis for more of the match. It helps one to remember tennis is supposed to be enjoyable, win OR lose.

I'm always interested in new advice to improve my game. This book does not do that. Hyped as "think like a pro" I didn't find that to be the case and really felt like he was wanting you to reread "The Inner Game of Tennis". Very forgettable and not worthwhile. Review my review history to see other books of tennis that I like much more.

Alan has given me simple, easy to grasp and use, common sense ideas which have greatly improved my game. These "mental attitude" tips will help improve a player's ability no matter what level they play. His book reinforces some tips I have already heard. Thanks Alan.

I used to play very good when practicing and training drills, but always played far below "my level" when playing tournaments. This book really put perspectives to my game and made my game closer to my practice sessions. Short but sweet book. A must have!

This is an excellent psychological book. I couldn't figure out why I was losing to players, I should have been beating. I was playing in fear. Yikes! I went out the next day, started the bounce hit, turned the camera around on them, focused on their bounce, hit. What a difference.....

[Download to continue reading...](#)

How To Play Tennis: Think Like A Pro, Not Like An Amateur ACT LIKE A LADY, THINK LIKE A

MAN:By Steve Harvey:Act Like a Lady, Think Like a Man: What Men Really Think About Love, Relationships, Intimacy, and Commitment [Hardcover] 1st Edition Tennis: Top 5 Strategies How to win more matches, How to Play Tennis,Killer doubles, Tennis the Ultimate guide (Tennis Strategies How to win more matches Book 1) Tennis: Tennis Strategies: The Top 100 Best Things That You Can Do To Greatly Improve Your Tennis Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Tennis) Pok  mon Go: Best Guide to Play Pok  mon Go. Learn All Sneaky Tricks and Play Like A Pro. + Ways To Play Pok  mon Go On Your PC: (Unofficial Pokemon Go Guide, ... Go) (Pokemon Go Secrets, Pokemon Go Tricks) Tennis: The Ultimate Guide To Tennis - Master The Fundamentals Of Tennis And Level Up Your Game In 7 Days Act Like a Lady, Think Like a Man, Expanded Edition: What Men Really Think About Love, Relationships, Intimacy, and Commitment How To Play Badminton - Badminton Rules And Tips! Learn What Is Badminton, The Rules Of Badminton And How To Play It Like A Pro! The Radio Amateur's Satellite Handbook (Radio Amateur's Library;, Publication No. 232) Go Pro Camera: Video editing for Beginners: How to Edit Video in Final Cut Pro and Adobe Premiere Pro Step by Step Duff Bakes: Think and Bake Like a Pro at Home How To Mediate Like A Pro: 42 Rules for Mediating Disptes (How To ___Like A Pro) How NOT To Think Like a Lawyer: Seven Steps to Becoming an Extraordinary - and Winning - Trial Attorney International Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide Tennis Strategies: The Top 100 Best Things That You Can Do to Greatly Improve Your Tennis Game Tennis Fitness for the Love of it: A Mindful Approach to Fitness for Injury-free Tennis The Tennis Drill Book (Tennis Drill Book, Paper) The Tennis Book: The Illustrated Encyclopedia of World Tennis Tennis Strings Made Easy: All you need to know about Tennis Strings Conditioning For Racquet Sports: Tennis, Racquetball, Handball, Squash, Platform Tennis, Jai Alai (Dr. Fred Hatfield's Sport Specific Conditioning Series)

[Dmca](#)